RACE RULES

THE FERRIERE TRAIL FESTIVAL (now in its[10th]EDITION) is a trail run in a natural setting, with participants required to be semi-self-sufficient in terms of food, taking place across varied terrain comprising old tracks and historic paths, some of which nature has partially reclaimed.

Three races are scheduled for this edition:

FRIDAY 14 MAY AND SATURDAY 15 MAY 2027

- **90 km** (elevation gain 5,000 m) ***Three Valleys Grand Tour*** **(TVGT)**
- **46 km** (elevation gain 2,600 m) ***Alta Val Nure Best of*** **(AVN)**
- **18 km** (elevation gain 1,000 m) ***Canadello Rocconi Ferriere*** **(CRF)**

The challenging routes include sections on mountain trails with hiking-style sections (EE grade according to the C.A.I. definition), and conditions can be very difficult (wind, cold, fog, rain, snow); temperatures can range from +25° to –5°. It is therefore essential to be in good physical condition, to have trained thoroughly, to be capable of looking after oneself independently, to have knowledge of the mountains and to exercise the utmost caution. It is strongly recommended that you have already taken part in other trail runs of a similar difficulty before attempting the 90 km and 46 km races.

Every competitor must be able to progress independently along the entire route and adapt to their own needs.

TECHNICAL SPECIFICATIONS

In accordance with the guidelines drawn up in Albisola on 27–28 November 2011:

- The 90 km race is divided into 6 per cent (6 km) tarmac, 42 per cent (38 km) dirt tracks, cart tracks and gravel tracks, and 52 per cent (46 km) single track;
- The 46 km race is divided into: 5 per cent (3 km) tarmac, 48 per cent (22 km) dirt tracks, cart tracks and gravel tracks, 47 per cent (21 km) single track;
- The 18 km race is divided into: 5 per cent (km 1) tarmac, 65 per cent (km 12) dirt tracks, cart tracks and gravel paths, 30 per cent (km 5) single track.

All trails are marked with white and light blue tape and directional arrows.

There will be 8 REFRESHMENT STOPS on the 90 km race, 4 on the 46 km race and 1 on the 18 km race.

There will be checkpoints along the trails, monitored both manually and electronically.

RACE SUPPORT AND SAFETY

This will be organised and managed by the organisers, in collaboration with:

- **ALPINE RESCUE**
- **Ferriere PUBLIC ASSISTANCE**
- **Marsaglia PUBLIC ASSISTANCE**

An adequate support service will be provided along the trail and, if necessary, the helicopter rescue service will be activated via the 118 emergency number and the Emilia-Romagna Region's medical emergency operations centres.
Any costs arising from the use of these exceptional resources will be borne by the person receiving assistance, in accordance with current regulations. A runner who calls upon a doctor or a rescuer effectively submits to their authority and undertakes to respect their decisions. The Organising Committee reserves the right to limit the number of entrants in order to better ensure the safety of the event.

MANDATORY EQUIPMENT

Upon registration, each competitor undertakes to carry all compulsory equipment with them throughout the race.

For those registering for the TVGT 90 km, the following is MANDATORY:

- Trail running shoes with good grip;
- A GPS tracker (provided by the organisers via Wedosport);
- A rucksack capable of holding the following items:
  - Mobile phone: save the organisers' emergency numbers, do not hide your number, and do not forget to set off with a fully charged battery;
  - Thermal blanket (20 g);
  - Waterproof jacket suitable for withstanding inclement weather in the mountains;
  - Whistle;
  - Gloves;
  - Long-sleeved top;
  - Energy bars or gels, as required;
  - At least 1 litre of water or energy drinks, in water bottles or a CamelBak;
- Race number visible from the front throughout the entire race;
- A cup for drinking at refreshment points (cups are not provided);
- Head torch with a spare battery, or two head torches.

PLEASE NOTE

- Warm clothing is essential if cold weather is forecast; the organisers reserve the right to require a specific type of clothing should conditions dictate, and clear notice of this will be given a few days before the start.

RECOMMENDED

- Poles, which must be carried from the start to the finish.

For those entering the AVN 46 km race, the following is MANDATORY:

- Trail running shoes with good grip;
- A rucksack capable of holding the following items:
  - Mobile phone: save the organisers' emergency numbers, do not hide your number, and do not forget to set off with a fully charged battery;
  - Thermal blanket (20 g);
  - Waterproof jacket suitable for withstanding inclement weather in the mountains;
  - Whistle;
  - Energy bars or gels, as required;
  - At least 1 litre of water or energy drinks, in water bottles or a CamelBak;
- Race number visible from the front throughout the entire race;
- A cup for drinking at refreshment points (cups are not provided).

PLEASE NOTE

- Warm clothing is essential if cold weather is forecast; the organisers reserve the right to require a specific type of clothing should conditions dictate, and clear notice of this will be given a few days before the start.

RECOMMENDED

- Poles, which must be carried from the start to the finish.

For those entering the CRF 18 km race, the following is MANDATORY:

- Trail running shoes with good grip;
- A trail rucksack or bum bag capable of holding the following items:
  - Mobile phone: save the organisers' emergency numbers, do not hide your number, and do not forget to set off with a fully charged battery;
  - Thermal blanket (20 g);
  - Whistle;
  - Energy bars or gels, as required;
  - At least 0.5 litres of water or energy drinks, in water bottles or a CamelBak;
- Race number visible from the front throughout the entire race;
- A cup for drinking at refreshment points (cups are not provided).

PLEASE NOTE

- Warm clothing is essential in the event of forecast cold weather; the organisers reserve the right to require a specific type of clothing should conditions dictate, and clear notice of this will be given a few days before the start.

ALLOWED

- Poles, which must be carried from the start to the finish.

Equipment will be checked – for the TVGT and AVN only – before entering the start gate. Should a competitor not be in possession of the compulsory equipment, they will be disqualified and will not be permitted to start. Further checks will be carried out along the race route.

The organisers reserve the right to omit certain items depending on the weather conditions on the day.

START and FINISH

Starts will be staggered as follows:

Friday 14 May 2027

- **90 km Three Valleys Grand Tour (TVGT)**: 11.00 pm, Piazza delle Miniere, Ferriere.

Saturday 15 May 2027

- **46 km Alta Val Nure best of (AVN)**: 8.00 am, Piazza delle Miniere, Ferriere.
- **18 km Canadello Rocconi Ferriere (CRF)**: 10.00 am, Piazza delle Miniere, Ferriere.

REFRESHMENT POINTS

The following are provided:

- 8 refreshment points, of which 6 are fully stocked (including the base camp) and 2 are water-only, on the 90 km race;
- 4 refreshment points on the 46 km race;
- 1 refreshment point on the 18 km race.

There are also several springs and fountains along the routes, all clearly signposted.

TIME CUT-OFFS

For the **90 km** race, the following are scheduled:

- a **FIRST TIME CHECK** at **km 33** in **Cerignale** (7.00 am, after 8 hours of racing);
- a **SECOND TIME CHECK** at **km 61** at **Rifugio GAEP** (3.00 pm, after 16 hours of racing);

Competitors must reach the finish line by 11.00 pm (maximum race time: 24 hours) in order to be included in the rankings.

For the **46 km** race, the following are scheduled:

- a **TIME CHECK** at **km 18** at **Rifugio GAEP** (1.00 pm, after 5.00 hours of racing);

Competitors must reach the finish line by 8.30 pm (maximum race time: 12.5 hours) to be included in the rankings.

There are no time gates on the **18 km** race, and competitors must reach the finish line by 4.00 pm (maximum race time: 6 hours) in order to be included in the results

Athletes who do not set off by the specified time at the aforementioned time gates must withdraw from the race, hand in their race number to the 'sweep' team and will be given instructions on how to return to Ferriere.

A shuttle service will be provided for their return.

BAG STORAGE

A free bag storage service will be available in the start area.

Athletes registered for **the TVGT (90 km) MAY** use the 'runners' bag' service, and each competitor wishing to do so **MUST hand in to the organisers**, at the race number collection area by 22.00 on Friday 14 May, a bag containing a change of clothes to be used at the **Rifugio GAEP** base camp (km 61).

The bags can be collected at the finish line from 4.00 pm on Saturday 15 May, i.e. one hour after the Rifugio GAEP time gate closes.

Whilst the organisers will take the utmost care in collecting and returning the bags, they accept no liability for any loss or misplacement.

SUPPORT AND SELF-SUFFICIENCY

Competitors must carry all compulsory equipment with them for the entire duration of the race (see the 'COMPULSORY EQUIPMENT' section). Race marshals may inspect competitors' rucksacks and their contents at any time. Competitors agree to undergo these checks; failure to do so will result in disqualification from the race.

When leaving a refreshment point, competitors must ensure they have sufficient food and drink to reach the next refreshment point.

For the 90 km race, personal support is permitted exclusively at the base camp at Rifugio GAEP, in the area specifically set aside for this purpose. Medical assistance provided by a member of the runner's team is strictly prohibited.

It is forbidden to accompany or be accompanied along any part of the race route by a person not registered for the race.

Any penalties will be at the organisers' discretion.

RESPECT FOR THE ENVIRONMENT

THE FERRIERE TRAIL FESTIVAL SUPPORTS THE CAMPAIGN PROMOTED BY SPIRITO TRAIL, 'LET'S PICK UP OUR OWN RUBBISH'

and will be run in the spirit of respect for the environment and protection of the local area:

- staff along the route will ensure that no competitor discards rubbish (packaging from energy bars, gels, drinks, etc.) on the race course;
- competitors reported for improper or environmentally irresponsible behaviour will incur a 30-minute time penalty, up to and including disqualification at the sole discretion of the Organising Committee;
- Competitors found to be cutting corners or leaving the race route will also be disqualified;
- Plastic cups will not be available at any refreshment points; runners must bring their own cup or other suitable personal container for drinking;
- the organisers will set up a waste collection area at the end of each refreshment point;
- the organisers will deploy a team of staff who, at the end of the race, will walk the entire route to ensure it is kept clean.

All members of the organising team are authorised to monitor and enforce these rules.

IMAGE RIGHTS

By signing the registration form, the athlete expressly authorises the organisers to use, free of charge, any still and/or moving images depicting them whilst taking part in the FERRIERE TRAIL FESTIVAL. The organisers may transfer the image rights set out in this agreement to their institutional and commercial partners. This authorisation to use the athlete's image is to be understood as granted for an indefinite period and without territorial restrictions, for use in various promotional and/or advertising publications and videos produced in any format.

AMENDMENTS

The Organising Committee reserves the right to amend these regulations at any time for reasons it deems appropriate to ensure the smooth running of the race.

Any changes to timetables, services and venues, as well as any cancellation of the race and refund arrangements, will be communicated on the event's website: **ferrieretrailfestival.it**.

ENTRY REQUIREMENTS

The competition is open to anyone who has reached the age of eighteen by the date of the race and holds a valid medical certificate for 'competitive athletics'. This certificate MUST be valid on the date of the race and must be SUBMITTED via the Wedosport website or by email to **info@ferrieretrailfestival.it** .

For foreign athletes, the equivalent medical certificate issued in their country of origin is valid.

To take part, you must be a member of one of the following sports organisations:

- **FIDAL** (including **Runcard**);

and affiliated organisations:

- **ACSI**;
- **AICS**;
- **ASC**;
- **ASI**;
- **CSAIn**;
- **CSEN**;
- **CNS Libertas**;
- **CSI**;
- **ENDAS**;
- **OPES**;
- **PGS**;
- **UISP**;
- **US Acli**.

Entries will not be accepted from athletes who are serving doping bans in any sport.

REGISTRATION PROCEDURE

Registration is ONLY available online via the WEDOSPORT service.
Payment must be made via the online service using a Credit/Debit Card, PayPal, MyBank bank transfer, BANCOMAT Pay or Satispay.

Registration is personal and final; no swapping of race numbers and/or name changes will be permitted.

A change of race distance is permitted only by 15 April 2027: if you switch to a shorter distance, no refund will be given; if you switch to a longer distance, you will be required to pay the difference.

The registration fee may be carried over to the next edition, but strictly only by 15 April 2027.

The following refund options are available:

- **withdrawal by 28 February 2027: 40% refund.**

In the event of the event being cancelled due to force majeure, the organisers, given the expenses already incurred and which cannot be recovered, will not be able to guarantee any form of refund.

REGISTRATION FEES

The registration fees for 2027 are as follows:

TVGT 90 km: €140.00

- Registration on 13, 14 and 15 November 2026: €80.00
- Registration by 31 December 2026: €90.00
- Entries by 28 February 2027: €120.00
- From 1 March 2027: €140.00

REGISTRATION CLOSES ON 13 MAY 2027 AT MIDNIGHT.
Number of race numbers available: 120.

AVN 46 km: €70.00

- Registration on 13, 14 and 15 November 2026: €40.00
- Registration by 31 December 2026: €50.00
- Registration by 28 February 2027: €60.00
- From 1 March 2027: €70.00

REGISTRATION CLOSES ON 13 MAY 2027 AT MIDNIGHT.
Number of race bibs available: 180.

CRF 18 km: €30.00

- Registration on 13, 14 and 15 November 2026: €15.00
- Registration by 31 December 2026: €20.00
- Registration by 28 February 2027: €25.00
- From 1 March 2027: €30.00

REGISTRATION CLOSES ON 13 MAY 2027 AT MIDNIGHT.
Number of race numbers available: 200.

GROUP REGISTRATION FEES

Groups must consist of at least 5 athletes.

The fees and time bands listed above apply, with a 20% discount.

For group registrations, please email:info@ferrieretrailfestival.it .

RACE NUMBER COLLECTION

Each race number will be handed over individually to each competitor upon presentation of a valid ID.

A race number for another athlete may only be collected upon presentation of a letter of authorisation accompanied by a copy of the relevant identity document.

Race numbers can be collected from 4.00 pm to 10.00 pm on Friday 14 May 2027 at the council chamber of the Town Hall in Piazza delle Miniere, Ferriere (PC), and subsequently on Saturday 15 May 2027 from 6.00 am until half an hour before the start of each race.

MEALS

A PASTA PARTY will be held at the end of the competition, reserved exclusively for athletes, and will run from 12.30 pm until the arrival of the last competitor.

The cost is included in the entry fee.

To gain access to the post-race service, athletes must have their race number with them and show it to the staff.

AWARDS

No cash prizes will be awarded.

The following will be awarded:

OVERALL AWARDS

- the first **5** men and the first **5** women to complete the **TVGT 90 km**;
- the first **3** men and the first **3** women to complete the **AVN 46 km**;
- the first **3** men and the first **3** women to complete the **CRF 18 km**.

Prizes will only be awarded during the prize-giving ceremonies, and the organisers will not post any unclaimed prizes.

The OVERALL prize-giving ceremonies will take place at the following times:

- **TVGT 90 km: 4.00 pm**, and in any case not before the podium presentations have been completed;
- **AVN 46 km: 3.00 pm,** and in any case not before the podium presentations have been completed;
- **CRF 18 km: 1.30 pm**, and in any case not before the podium presentations have been completed,